**Sample Forms for Session Record**

**Clinical Psychology Log Book**

Log of Clients worked with during placement at \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ from \_\_\_\_\_\_\_\_\_\_\_\_to \_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Case Initial No** | **Sex** | **Age** | **Referral Source** | **Assessments** | **Main Problems** | **Setting** | **Intervention** | **No of Sessions** | **Outcome** |
| **A.V** | F | 34 | Psychiatrist | BDI | Suicidal ideation | Hospital ward | CBT | 4 | Improved |
|  |  |  |  |  |  |  |  |  |  |
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**Session Wise Report**

**Session date/time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Name of the patient: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Purpose of the session: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**No of Session:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Proceeding:**

**Goals for next session:**

**SOAP Notes**

**Date of Visit: dd/mm/yy**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Subjective:**  | **Objective:** | **Assessment:** | **Plan:** | Comments |
|  |  |  |  |  |